

Crest Memorial School Curriculum and Pacing Guide

Grade: 3-5 (part 1)

Subject: Health

Adoption Date: 08/22/2022

Revision Date: 8/9/2022

| | 3-5 Days Personal Growth & Development | 2-4 Days Pregnancy and Parenting | 4-6 Days Emotional, Social, and Sexual Health | 3-5 Days Personal Safety |
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| Pacing Guide | <ol style="list-style-type: none"> 1. How do my decisions affect my health? 2. How do genetics and family history affect my health? 3. How can a person make healthy choices to improve their wellness? | <ol style="list-style-type: none"> 1. How does human reproduction work? 2. What resources are available for young parents and their families? | <ol style="list-style-type: none"> 1. How does emotional wellness contribute to a healthy lifestyle? 2. How does stress impact overall wellness? 3. How does emotional health impact all areas of life? 4. How can I make my classmates feel safe and welcome? | <ol style="list-style-type: none"> 1. How can we recognize unsafe situations? 2. How can we avoid/escape unsafe situations? 3. How does technology impact my relationships / safety? |

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| Instructional Materials | <ol style="list-style-type: none"> 1. Storybooks about healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention Program(CAP) | <ol style="list-style-type: none"> 1. Storybooks about bullying and healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention Program(CAP) | <ol style="list-style-type: none"> 1. Storybooks about healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention Program(CAP) | <ol style="list-style-type: none"> 1. Storybooks about bullying and healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention Program(CAP) |
| Standards | <ol style="list-style-type: none"> 1. 2.1.5.PGD.1 2. 2.1.5.PGD.2 3. 2.1.5.PGD.3 4. 2.1.5.PGD.4 5. 2.1.5.PGD.5 | <ol style="list-style-type: none"> 1. 2.1.5.PP.1 2. 2.1.5.PP.2 | <ol style="list-style-type: none"> 1. 2.1.5.EH.1 2. 2.1.5.EH.2 3. 2.1.5.EH.3 4. 2.1.5.EH.4 5. 2.1.5.SSH.1 6. 2.1.5.SSH.2 7. 2.1.5.SSH.3 8. 2.1.5.SSH.4 9. 2.1.5.SSH.5 10. 2.1.5.SSH.6 11. 2.1.5.SSH.7 | <ol style="list-style-type: none"> 1. 1.2.5.PS.1 2. 1.2.5.PS.2 3. 1.2.5.PS.3 4. 1.2.5.PS.4 5. 1.2.5.PS.5 6. 1.2.5.PS.6 |
| Activities | <ul style="list-style-type: none"> - Games and group activities to demonstrate healthy living -Read stories about healthy choices and Anti-bullying -Games and group activities to demonstrate healthy living | <ul style="list-style-type: none"> -Students will read articles about puberty and make a list of how their bodies could change throughout Puberty. - Students will complete an essay “The Best Things About My Family.” | <ul style="list-style-type: none"> - Students will view and discuss “Just Around the Corner”, a video about puberty. - Read and discuss materials about different kinds of Families. - Students will create a family tree to illustrate diversity in family Structure. | <ul style="list-style-type: none"> -Discuss ways in which we bully without realization and develop a plan to remain respectful and kind at all times. -Read stories about healthy choices and anti-bullying -Games and group activities to demonstrate healthy living |

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| <p>Modifications</p> | <p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual,cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p> | <p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual,cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p> | <p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual,cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p> | <p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual,cognitive or physical impairment may be offered an alternative assignment to check for understanding of class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p> |
| <p>Interdisciplinary Connections</p> | <ol style="list-style-type: none"> 1. Science 2. ILA 3. Math | <ol style="list-style-type: none"> 1. Science 2. ILA 3. Math | <ol style="list-style-type: none"> 1. Science 2. ILA 3. Math | <ol style="list-style-type: none"> 1. Science 2. ILA 3. Math |
| <p>Formative Assessment-</p> | <ol style="list-style-type: none"> 1. Classwork Activities 2. Open Ended Questions (Rubric Scores) 3. Practice Pages 4. Class Participation | <ol style="list-style-type: none"> 1. Classwork Activities 2. Open Ended Questions (Rubric Scores) 3. Practice Pages 4. Class Participation | <ol style="list-style-type: none"> 1. Classwork Activities 2. Open Ended Questions (Rubric Scores) 3. Practice Pages 4. Class Participation | <ol style="list-style-type: none"> 1. Classwork Activities 2. Open Ended Questions (Rubric Scores) 3. Practice Pages 4. Class Participation |
| <p>21st Century Themes and Skills</p> | <ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 | <ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 | <ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 | <ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 |

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| | 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 | 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 | 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 | 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 |
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