

Crest Memorial School Curriculum and Pacing Guide

Grade: 3-5 (part 2)

Subject: Health

Adoption Date: 08/22/2022

Revision Date: 8/9/2022

	3-5 Days Health Conditions, Diseases, and Medicines	4-6 Days Alcohol, Tobacco, and Other Drugs; Dependency, Substance Disorders, and Treatment	8-10 Days Nutrition	3-5 Days Community Health Services & Support
Pacing Guide	<ol style="list-style-type: none"> 1. How can one protect themselves from various types of diseases/illness? 2. What factors affect one's chances of becoming ill? 3. How can one tell if they have an illness/disease? 	<ol style="list-style-type: none"> 1. How do people become addicted to Drugs? 2. How does drug use affect society? 3. How is addiction treated? 4. How can I remain drug free? 5. What impact can drug use have on my social, emotional, and physical well-being? 	<ol style="list-style-type: none"> 1. How does proper nutrition affect the different areas of Health? 2. What could you change in your diet to improve your overall health? 3. Does food marketing have an impact on my choices? 	<ol style="list-style-type: none"> 1. If I need assistance with health services, where can I turn for health? 2. What are some strategies I can use when I feel sad or stressed?
Instructional Materials	<ol style="list-style-type: none"> 1. Storybooks about healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention 	<ol style="list-style-type: none"> 1. Storybooks about healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention 	<ol style="list-style-type: none"> 1. Storybooks about healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention 	<ol style="list-style-type: none"> 1. Storybooks about healthy choices. 2. Health non-fiction books and Packets 3. Health worksheets 4. Child Assault Prevention

	Program(CAP)	Program(CAP)	Program(CAP)	Program(CAP)
Standards	<ol style="list-style-type: none"> 1. 2.3.5.HCDM.1 2. 2.3.5.HCDM.2 3. 2.3.5.HCDM.3 	<ol style="list-style-type: none"> 1. 2.3.5.ATD.1 2. 2.3.5.ATD.2 3. 2.3.5.ATD.3 4. 2.3.5.DSDT.1 5. 2.3.5.DSDT.2 6. 2.3.5.DSDT.3 7. 2.3.5.DSDT.4 8. 2.3.5.DSDT.5 	<ol style="list-style-type: none"> 1. 2.2.5.N.1 2. 2.2.5.N.2 3. 2.2.5.N.3 	<ol style="list-style-type: none"> 1. 2.1.5.CHSS.1 2. 2.1.5.CHSS.2 3. 2.1.5.CHSS.3
Activities	<p>- Students will create their own new medicine. They will have to list its purpose and use, the side effects, the directions and whether it is available over the counter or a prescription.</p>	<p>- Students will work in small groups to read an article on alcohol, tobacco, cocaine, or marijuana and report to class on effects.</p>	<p>- Food pyramid/MyPlate</p> <p>- Read stories about healthy choices.</p> <p>- Games and group activities to demonstrate healthy living</p>	<p>- Discuss ways in which we bully without realization and develop a plan to remain respectful and kind at all times.</p>
Modifications	<p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of</p>	<p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of</p>	<p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of</p>	<p>English language learners: assign a buddy, same language or English speaking</p> <p>At Risk of School Failure: Provide parents with more frequent performance updates (daily/weekly)</p> <p>Gifted and Talented Students: Give students opportunities to mentor other students.</p> <p>Students with 504 plans: Students with hearing, visual, cognitive or physical impairment may be offered an alternative assignment to check for understanding of</p>

	<p>class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p>	<p>class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p>	<p>class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p>	<p>class content.</p> <p>Special Education: Provide students extra time on task, repeated directions, reading aloud, preferential seating.</p>
Interdisciplinary Connections	<ol style="list-style-type: none"> 1. Science 2. ILA 3. Math 	<ol style="list-style-type: none"> 1. Science 2. ILA 3. Math 	<ol style="list-style-type: none"> 1. Science 2. ILA 3. Math 	<ol style="list-style-type: none"> 1. Science 2. ILA 3. Math
Formative Assessment-	<p>Teacher observation Class participation Rubric Question and answer</p>	<p>Teacher observation Class participation Rubric Question and answer</p>	<p>Teacher observation Class participation Rubric Question and answer</p>	<p>Teacher observation Class participation Rubric Question and answer</p>
21st Century Themes and Skills	<ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 	<ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 	<ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9 	<ol style="list-style-type: none"> 1. CRP 1 2. CRP 2 3. CRP 3 4. CRP 5 5. CRP 8 6. CRP 9